

10/22/2019

Davidson County Schools

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Recipe by Name/Id - Summarized

		Carb gm
R-0934	APPLE, FRESH	29.545
R-1113	APPLES, BAKED	20.041
R-2602	APPLESAUCE CUP, MOTTS UNSWEETENED	14.000
R-1025	APPLESAUCE CUPS, USDA UNSWEETENED	14.000
R-0879	APPLESAUCE, USDA UNSWEETENED, CANNED	14.757
R-2559	ARROZ CON POLLO (ACP)	2.960
R-1352	BAKED SPAGHETTI, HOMEMADE	35.564
R-1336	BANANA BREAD, WG (IW)	45.000
R-0935	BANANA, FRESH	30.000
R-0883	BBQ PORK SANDWICH	42.060
R-1425	BEANS, BAKED VEGETARIAN	30.095
R-1164	BEANS, GREEN (NO PORK)	5.139
R-2575	BEANS, RANCHERO PINTO	20.019
R-0955	BEANS, REFRIED	21.261
R-1158	BEEF RIB-B-QUE ON BUN	37.000
R-1363	BEEF SOFT TACO (ELEMENTARY)	15.245
R-1319	BEEF SOFT TACOS (SECONDARY)	30.490
R-1153	BEEF TERIYAKI NUGGETS	6.000
R-2498	BEEF, TACO	2.008
R-0676	BISCUIT, CHICKEN	32.246
R-2508	BISCUIT, EGG & CHEESE	26.246
R-1343	BISCUIT, PORK SAUSAGE	24.246
R-1477	BISCUIT, WHOLE GRAIN	24.246
R-1325	Black Pepper Packs	0.000
R-1274	BLUEBERRIES, USDA/FROZEN	8.748
R-1150	BREADSTICK, GARLIC	17.000
R-1243	BROCCOLI CHEESE SOUP	10.738
R-1349	BROCCOLI W/CHEESE	5.657
R-0930	BROCCOLI, STEAMED	5.177
R-1188	BROWNIE, CHOCOLATE CHIP, WG	34.000
R-0752	CAESAR SALAD	4.490

R-2571	CALZONE, PEPPERONI (PORK) PIZZA	30.000
R-1139	CARROTS, BABY, BAGGED	8.000
R-1062	CARROTS, GLAZED	10.840
R-0290	CELERY STICKS	1.953
R-1165	CEREAL, CINNAMON TOASTERS	44.000
R-0627	CEREAL, HONEY SCOOTERS, 2 OZ.	46.000
R-2609	CEREAL, MARSHMALLOW MATEYS, 2 OZ	47.000
R-1282	Cheddar & Sour Cream Oven Baked Potato Chips	24.000
R-2494	CHEESE SAUCE, CHEDDAR	2.001
R-2495	CHEESE, AMERICAN, SLICED	2.000
R-2493	CHEESE, CHEDDAR & MOZZARELLA, SHREDDED	1.052
R-2511	CHEESE, MOZZARELLA STRING	1.000
R-0813	CHEESEBURGER	33.008
R-1312	CHEESEBURGER MEATLOAF SANDWICH	33.000
R-2578	CHEESEBURGER, BACON	33.000
R-1203	CHEESY BREAKFAST STICKS	30.000
R-1296	CHEETOS BAKED CRUNCHY CHEESE, WG	16.000
R-0918	CHEF SALAD, HAM DICED (PORK)	8.288
R-1247	CHERRY COBBLER	54.587
R-1290	CHEX CHOCOLATE CARAMEL SNACK MIX	22.000
R-1483	CHICKEN BREAST STRIPS, GLUTEN FREE	12.000
R-1482	CHICKEN BREAST TENDERLOINS, BREADED WG	18.000
R-2606	CHICKEN EGG ROLLS	40.000
R-2492	CHICKEN FAJITA (SECONDARY)	37.058
R-0617	CHICKEN FILLET SANDWICH	40.000
R-2608	CHICKEN FILLET SANDWICH, SPICY	40.800
R-1432	CHICKEN NUGGETS, WG, BREADED	16.000
R-0989	CHICKEN PIE	18.474
R-0980	CHICKEN QUESADILLA, WG	37.000
R-1491	CHICKEN SOFT TACO (ELEMENTARY)	15.330
R-1187	CHICKEN TENDERS W/ WAFFLE	30.000
R-2501	CHICKEN, DICED	0.240
R-1357	CHICKEN, POPCORN BREADED	16.005
R-1248	CHICKEN, ROTISSERIE BREAST OR THIGH	0.000
R-1028	CHILI, HOT DOG	5.000
R-2561	CHIPS, APPLEWOOD SMOKED BBQ KETTLE	27.000
R-1293	CHIPS, CHEETOS FLAMIN HOT (WG)	17.000
R-1287	CHIPS, CHEETOS MELLOW PUFFS, RF, WG	13.000
R-1276	CHIPS, DORITOS COOL RANCH RF WG	20.000
R-2560	CHIPS, DORITOS FLAMAS TORTILLA	20.000

R-1265	CHIPS, DORITOS NACHO CHEESE RF, WG	20.000
R-1277	CHIPS, DORITOS SPICY SWEET CHILI RF,WG	20.000
R-2564	CHIPS, JALAPENO CHEDDAR KETTLE POTATO RF	27.000
R-2562	CHIPS, PLAIN KETTLE COOKED POTATO	27.000
R-2563	CHIPS, SEA SALT & VINEGAR KETTLE POTATO	28.000
R-1146	CHIPS, SOUR CREAM, FAT FREE	1.000
R-0905	CHIPS, TORTILLA	18.000
R-1455	CINNAMON ROLL, 2.7 OZ WG	38.000
R-2572	CITRUS CHIPOTLE CHICKEN	21.714
R-1039	COLESLAW	13.811
R-1474	COOKIE, CHOCOLATE CHIP, 1OZ., WG	18.000
R-1359	COOKIE, ICED SUGAR, WG	27.000
R-1358	COOKIE, TRIPLE CHOCOLATE FILLED COOKIE, WG	31.000
R-1283	COOKIES,CHOCOLATE CHIP MINI TREATS WG	19.000
R-0964	CORN, YELLOW, FROZEN (USDA)	18.770
R-1304	CORNDOG NUGGETS, WG	30.000
R-1461	CRACKER, SALTINE	18.000
R-2565	CRACKERS,GOLDFISH COLORS CHEDDAR BAKED WG	14.000
R-1286	CRACKERS,GOLDFISH GIANT CINNAMON GRAHAMS WG	19.000
R-0294	CRANBERRY SAUCE	25.114
R-1489	CRESCENT, GRAPE FILLED	35.000
R-1422	CROUTONS, WHOLE GRAIN, BULK	12.312
R-1368	DELI HAM (TURKEY) AND CHEESE SANDWICH	28.000
R-0663	DONUT HOLE, POWDERED, 1.3 OZ	17.000
R-0656	DONUT, SUPER PLUS	17.000
R-1178	DRESSING, ITALIAN (LARGE) 1.5 OZ	1.000
R-1200	DRESSING, ITALIAN, 12G	2.000
R-1179	DRESSING, RANCH (LARGE) 1.5 OZ	3.000
R-1199	DRESSING, RANCH (SMALL) 12G	2.000
R-1198	DRESSING, THOUSAND, ISLAND (12G)	4.000
R-1180	DRESSING,THOUSAND ISLAND 1.5OZ	6.000
R-2557	EGG PATTY	1.000
R-2576	EGGSTRAVAGANZA WRAP	15.000
R-1308	FISH NUGGETS, POLLOCK	23.000
R-1452	FRENCH BREAD, PRE-SLICED	27.000
R-1346	FRENCH TOAST, CINNAMON, MINI, WG	37.000
R-1415	FRUIT SALAD WITH CANNED PEACHES	15.338
R-1351	FRUIT SALAD(PEACHES,STRAWBERRIES,BLUEBERRIES)	11.988
R-1152	GARLIC CHEESE BREAD	30.000
R-0704	GATORADE, GLACIER FREEZE, 12 OZ	8.000

R-0816	GATORADE, GRAPE, 12 OZ	8.000
R-0705	GATORADE, ORANGE, 12 OZ.	7.000
R-0992	GRAPES, FRESH GREEN/RED SEEDLESS	15.271
R-1374	GRAVY, CHICKEN	0.188
R-0760	GREEN PEAS	10.531
R-1305	GRILLED CHEESE, SANDWICH	30.000
R-2569	HAM (TURKEY) AND CHEESE LOAF BREAD	28.333
R-0360	HAM (TURKEY) SANDWICH, USDA	29.989
R-0696	HAM, PORK, DICED	1.264
R-1121	HAMBURGER	30.000
R-1354	HOT DOG W/BUN (ELEMENTARY)	30.000
R-1108	HOT DOG W/BUN (SECONDARY)	60.000
R-1271	HOT HAM (PORK) & CHEESE SANDWICH	27.000
R-1300	HUSHPUPIES, SWEET CORN (ELEMENTARY)	21.000
R-1301	HUSHPUPIES, SWEET CORN (SECONDARY)	28.000
R-1255	ICE CREAM CHOCOLATE ICE CREAM CUP	18.000
R-1253	ICE CREAM CHOCOLATE SUNDAE CRUNCH BAR	28.000
R-1257	ICE CREAM CUP, VANILLA	20.000
R-1254	ICE CREAM FUDGE BAR	26.000
R-1259	ICE CREAM ORANGE DREAM BAR	20.000
R-1256	ICE CREAM STRAWBERRY CUP	17.000
R-1472	ICE CREAM STRAWBERRY SUNDAE CRUNCH BAR	27.000
R-1258	ICE CREAM VANILLA SANDWICH	26.000
R-1332	Jelly, Grape	9.579
R-2607	JUICE, (BIC) MOTTS 100% APPLE	2.403
R-2568	JUICE, (BIC) MOTTS 100% FRUIT PUNCH	15.000
R-0623	JUICE, APPLE 100% 4oz	13.000
R-1330	JUICE, APPLE 6OZ. ASSP	20.000
R-1487	JUICE, ASEPTIC PARADISE PUNCH VEGETABLE 100%	9.000
R-1331	JUICE, FRUIT PUNCH 6OZ. ASSP	15.000
R-1329	JUICE, GRAPE 100% 4OZ	19.000
R-1125	JUICE, ORANGE 100% 4OZ	14.000
R-1174	KETCHUP PACK, 9GM	4.000
R-1317	LASAGNA WITH MEAT SAUCE (ELEMENTARY)	28.759
R-1318	LASAGNA WITH MEAT SAUCE (SECONDARY)	33.799
R-2510	LETTUCE & TOMATO SLICE CUP	3.230
R-1306	MAC & CHEESE	32.300
R-1170	MANDARIN ORANGE CHICKEN, JR	19.000
R-1163	MANDARIN ORANGES	17.171
R-1246	MARINARA SAUCE	9.000

R-1181	MAYONNAISE PACK 9G	0.000
R-1427	MEATBALL SUB	33.985
R-0357	MILK, 1% LOWFAT UNFLAVORED	12.000
R-0613	MILK, CHOCOLATE SKIM	24.000
R-1486	MILK, CHOCOLATE, SHELF STABLE, FAT FREE	21.000
R-0618	MILK, FAT FREE SKIM	12.000
R-1485	MILK, LACTAID, LOW FAT	12.296
R-0619	MILK, STRAWBERRY FAT FREE	20.000
R-1484	MILK, VANILLA SOY, ORGANIC	17.000
R-2512	MIXED BERRY CUP	20.000
R-1197	MIXED FRUIT COCKTAIL	15.194
R-1313	MOZZARELLA CHEESESTICKS, BREADED (ELEMENTARY)	31.000
R-1314	MOZZARELLA CHEESESTICKS, BREADED (SECONDARY)	43.400
R-1143	MUFFIN APPLE CINNAMON (IW)	43.000
R-1142	MUFFIN, BLUEBERRY	42.000
R-1182	MUSTARD PACK, 5.5G	0.000
R-0842	NACHO SUPREME	40.786
R-2599	NATURE'S TWIST, LEMONADE 16.9 OZ	57.000
R-2595	NATURE'S TWIST, ORANGEADE, 16.9 OZ.	54.000
R-2594	NATURES TWIST, STRAWBERRY LEMONADE, 16.9 OZ.	1.000
R-1043	NECTARINE, FRESH	16.000
R-0937	ORANGE, FRESH, WEDGES	15.000
R-0672	PANCAKE SAUSAGE WRAP (IW)	21.600
R-0661	PANCAKES, MINI PANCAKE, CONFETTI, WG (IW)	36.000
R-1051	PEACH CUPS, FROZEN	19.000
R-0845	PEACHES, USDA, SLICED, LIGHT SYRUP	14.084
R-1138	PEAR, FRESH	28.000
R-0995	PEARS, USDA CANNED LIGHT SYRUP	16.132
R-2497	PEPPERS & ONIONS	10.435
R-1189	PICKLE CHIPS	0.000
R-0939	PINEAPPLE TIDBITS IN JUICE	19.192
R-2604	PIZZA CREATOR KIT, CHEESE	33.413
R-2558	PIZZA CREATOR KIT, TURKEY PEPPERONI	33.322
R-1420	PIZZA, BREAKFAST (IW) BIC	31.000
R-2589	PIZZA, BREAKFAST, GRAVY, WG	25.000
R-0826	PIZZA, BREAKFAST, RED SAUCE WG	27.000
R-0835	PIZZA, PEPPERONI, PORK, RETRO	29.000
R-0834	PIZZA, RETRO CHEESE, WG	30.000
R-2579	PIZZA, WILD MIKE'S 5 " DEEP DISH PEPPERONI	34.000
R-0967	PLUM, FRESH	8.000

R-1367	POP TART (2 CT), CINNAMON	76.000
R-1460	POP TART, STRAWBERRY (1CT) WG	38.000
R-0685	POP TART, STRAWBERRY (2CT)	76.000
R-1429	POPCORN CHICKEN W/MAC N CHEESE (ELEMENTARY)	23.485
R-1430	POPCORN CHICKEN W/MAC N CHEESE (SECONDARY)	27.731
R-1280	POTATO CHIPS, BAKED, PLAIN	24.000
R-1012	POTATOES, FRENCH FRIES, MCCAIN	21.012
R-0993	POTATOES, MASHED	17.212
R-1140	POTATOES, TATER TOTS	16.140
R-1353	POTATOES, WEDGES, SEASONED	18.371
R-1024	RAISINS, INDIVIDUAL BOX	31.000
R-1450	RICE KRISPY TREAT,WG	30.000
R-2591	RICE, WG, 1 CUP (9-12)	35.720
R-1045	RICE, WG, 1/2 CUP (K-8)	17.860
R-1373	ROASTED TURKEY BREAST	0.000
R-1476	ROLL, DINNER, WG, HEAT & SERVE	30.000
R-0836	SALAD, BBQ	23.058
R-1365	SALAD, CHEF CHEESE	6.825
R-0949	SALAD, GARDEN	2.343
R-2580	SALAD, GRILLED CHICKEN	5.811
R-2574	SALAD, PASTA	42.664
R-2577	SALAD, TACO	44.269
R-1192	SALSA, 1/2 CUP	2.095
R-0615	SANDWICH, PB & J GRAPE (SECONDARY)	66.000
R-2586	SANDWICH, PB & J STRAWBRY (ELEM & BREAKFAST)	33.000
R-0633	SANDWICH, PB & J GRAPE (ELEM. & BREAKFAST)	33.000
R-2587	SANDWICH, PB & J STRAWBERRY (SECONDARY)	66.000
R-1185	SAUCE, BARBECUE, 1 OZ. CUP	10.000
R-1184	SAUCE, HONEY MUSTARD, 1 OZ. CUP	6.000
R-1183	SAUCE, HOT, 7 G	0.000
R-1323	SAUCE, RANCH, 1 OZ. CUP	1.000
R-1186	SAUCE, SWEET & SOUR, 1 OZ. CUP	13.000
R-1193	SAUCE, TACO, 9G	1.000
R-1194	SAUCE, TARTAR, 12G	2.000
R-0925	SLAW, BBQ	11.483
R-2588	SNACK MIX, CHEX MIX, CHOCOLATE CARAMEL	22.000
R-1289	SNACK MIX, QUAKER MUNCHIES (KIDS)	17.000
R-2567	SORBET, BLACK CHERRY	22.000
R-0840	SORBET, CHERRY/BLUE RASPBERRY, HAPPY BIRTHDAY	18.000
R-1326	SORBET, GRAPE	19.000

R-1453	SORBET, LIME	19.000
R-2605	SPANISH RICE , 1 CUP (6-12)	39.919
R-1322	SPICY CHICKEN FILLET SANDWICH	40.800
R-0940	STRAWBERRIES FROZEN SLICED	11.279
R-0979	Strawberries, Fresh	6.688
R-1052	STRAWBERRY CUP, FROZEN	22.000
R-2556	STUFFED CINNAMON TOAST CRUNCH BAR	40.000
R-2555	STUFFED COCOA PUFF BAR	43.000
R-0897	STUFFED SHELLS, WG	33.703
R-1269	STUFFING, HERB	27.250
R-2601	SUNBUTTER, SANDWICH, GRAPE (SECONDARY)	33.000
R-2600	SUNBUTTER, SANDWICH, GRAPE, (ELEMENTARY)	33.000
R-1451	SUNFLOWER KERNELS HONEY ROASTED	11.000
R-1136	SWEET POTATO CASSEROLE	55.330
R-1324	SYRUP, PANCAKE/WAFFLE	31.000
R-0941	Tangerines	15.120
R-2573	TOASTED CHEESE RAVIOLI	29.000
R-1172	TOMATO SOUP	14.632
R-0830	TOMATOES, CHERRY	1.673
R-2592	TROPICANA, APPLE JUICE, 100%	34.001
R-2593	TROPICANA, ORANGE JUICE, 10 OZ.	34.456
R-2570	TURKEY BREAST & CHEESE ON LOAF BREAD	27.000
R-1372	TURKEY BREAST & CHEESE SANDWICH	28.000
R-1171	VEGETABLE MEDLEY	4.788
R-2509	VEGETABLE MEDLEY W/ CHEESE (ELEMENTARY)	5.108
R-0745	WAFFLES, MINI, CINNAMON	35.000
R-0702	WATER, AQUAFINA, 20 OZ.	0.000
R-1361	WATER, SPARKLING OH! BERRY FLAVORED	0.000
R-1362	WATER, SPARKLING OH! GINGER FLAVORED	0.000
R-0746	YOGURT CUP W/ DONUT HOLE	36.000
R-1120	YOGURT POWER PACK	67.000
R-0662	YOGURT, CUP STAWBERRY, UPSTATE	19.000